

THE WESTON A. PRICE FOUNDATION®

DUPAGE COUNTY CHAPTER FEBRUARY MEETING

Meeting Location & Time:

IMMANUEL LUTHERAN CHURCH
5211 Carpenter Street
(at Grove Street)
Downers Grove, IL 60515

Sunday, February 1st
2:00pm

**WE MEET THE 1ST SUNDAY
OF EVERY MONTH.
VISIT OUR CHAPTER'S WEB
SITE FOR MEETING
LOCATION, TOPICS AND
A LIST OF LOCAL FOOD
SOURCES.**

www.WestonPriceClub.com

The Weston A. Price Foundation is a nonprofit, tax-exempt charity founded in 1999 to disseminate the research of nutrition pioneer Dr. Weston A. Price and is dedicated to restoring nutrient-dense foods to the American diet through education, research and activism. It supports a number of movements that contribute to this objective including accurate nutrition instruction, organic and biodynamic farming, pasture-feeding of livestock, community-supported farms, honest and informative labeling, prepared parenting and nurturing therapies. More details and lots of helpful information is available on the Foundation's web site:
www.westonaprice.org

Join us for an enlightening presentation on ...

Internal Cleansing & Gut Health

You'll learn about:

- ◆ What it means to have a healthy gut
- ◆ How our gut dis-EASE may create "unrelated" chronic conditions
- ◆ What are the effects of emotions on our gut health
- ◆ What is Leaky Gut Syndrome (a.k.a. intestinal permeability)
- ◆ How to heal a leaky gut
- ◆ What is a healthy bowel movement

Our featured speaker is ...

ROBIN MIGALLA

Robin Migalla works as a professional Colon Hydrotherapist in her own practice, Health for Life Colon Care, LLC, generously sharing her knowledge and experience with her clients. She has been an avid student of "The Father of Holistic Medicine," Edgar Cayce, for 34 years. Her initial interest was on a spiritual basis and began when she serendipitously discovered Jess Stern's "Edgar Cayce, The Sleeping Profit". Like two tuning forks humming in perfect resonance, Cayce's kind of spirituality rang true to her inner being. It was Cayce who said, "What is knowledge, what IS understanding, if ye apply it not in thy daily life?" It is also through this application that she ultimately moved away from a very high-stress, fast-paced career in technology into the more satisfying career in alternative health. You can learn more about Robin at her web site www.healthforlifecoloncare.com.

**OUR NEXT MEETING:
Sunday, March 1st at 2:00pm**

TOPIC:
Gardening for Health: How to Provide Your Family with Truly Local Produce Regardless of How Much Space You Have

VISIT OUR WEB SITE FOR MORE DETAILS!

www.WestonPriceClub.com