

THE WESTON A. PRICE FOUNDATION®

DUPAGE COUNTY CHAPTER APRIL MEETING

Meeting Location & Time:

IMMANUEL LUTHERAN CHURCH
5211 Carpenter Street
(at Grove Street)
Downers Grove, IL 60515

Sunday, April 5th
2:00pm

**WE MEET THE 1ST SUNDAY
OF EVERY MONTH.
VISIT OUR CHAPTER'S WEB
SITE FOR MEETING
LOCATION, TOPICS AND
A LIST OF LOCAL FOOD
SOURCES.**

www.WestonPriceClub.com

The Weston A. Price Foundation is a nonprofit, tax-exempt charity founded in 1999 to disseminate the research of nutrition pioneer Dr. Weston A. Price and is dedicated to restoring nutrient-dense foods to the American diet through education, research and activism. It supports a number of movements that contribute to this objective including accurate nutrition instruction, organic and biodynamic farming, pasture-feeding of livestock, community-supported farms, honest and informative labeling, prepared parenting and nurturing therapies. More details and lots of helpful information is available on the Foundation's web site:
www.westonaprice.org

Join us for an enlightening presentation on ...

DETOXIFYING YOUR HOME: How to Make Your Own People and Earth Friendly Cleaning Products

A few years ago, our speaker's desire to have a healthier indoor environment led to a complete change in the products she uses in her home. Come learn how you can make some of your own safe and effective household cleaning solutions. We will be discussing:

- ◆ Why go green?
- ◆ Hazards of common household chemicals
- ◆ Steps to detoxifying your home
- ◆ Cleaning your home naturally
- ◆ Recipes to get you started

Our featured speaker is ...

JANET TALMADGE

Janet has been passionate about health and nutrition for over 20 years. It was her personal health challenges that initially led Janet to seek alternative methods of healing. Through the changes that Janet made in her lifestyle, diet, and surrounding environment, she has successfully overcome many of the physical symptoms that once challenged her.

In recent years, Janet has expanded her lactation consultant business to include helping people in all stages of life with nutrition and health-related issues. Janet combines nutritional advice, vitamins and herbal supplements to help clients achieve optimal health.

**OUR NEXT MEETING:
Sunday, May 3rd at 2:00pm**

TOPIC:
Herbal Medicine: Building Your Own Herbal Medicine Cabinet

VISIT OUR WEB SITE FOR MORE DETAILS!
www.WestonPriceClub.com